

# Challenge 100 Difficulties

## SCHOOL IDENTITY AND GOALS

As one of the top academic high schools in Nagano Prefecture, Ueda Senior High School aims to develop well-rounded, globally-minded citizens that can create and sustain a peaceful society. This identity is the basis of our motto, "Challenge 100 Difficulties." Students are expected to identify problems, work with the school community, and think of innovative solutions to expand their own learning interests, develop their talents, and discover their callings.



## Ueda Students are...

- autonomous thinkers who make decisions after careful judgment instead of following common precedents
- passionate strivers who can share and realize high aspirations related to their individual interests
- innovative creators with global awareness who can craft new ways of thinking for the future
- conscientious leaders who work hard to improve society for others and themselves



## Learning for a New Era

With the many possibilities offered by Japan's rapidly changing society, our school believes students need more than the academic knowledge offered by traditional humanities and sciences courses. Our curriculum is designed to prepare students for a wide variety of further studies and careers by fostering their abilities to communicate, collaborate, and create. Each student is required to complete an independent research project before graduating, giving them a chance to think critically about a real-world problem, consult with experts, and present their own solutions in front of an audience. After three years of study, every student builds an impressive portfolio that demonstrates their knowledge and skills, ensuring they are competitive applicants to Japan's top public and private universities.

## A Year at Ueda Senior High School

### CALENDAR AND EVENTS

Our school year follows the Japanese fiscal year, starting in April and ending in March, and is split into two semesters with exams, coursework, and academic events evenly spread throughout the year. When they're not busy studying, students enjoy social events hosted for homeroom classes, with annual ceremonies and festivals creating a rich student life experience and traditions that connect generations of alumni. Our year-round calendar is famous among students for having some of the shortest holiday vacations in the nation; extra, opt-in elective lessons are provided for students during spring and summer holidays, and the campus is only closed to student-led club activities ten days a year.

### FIRST SEMESTER



- APR** Opening Ceremony, Entrance Ceremony, Homeroom Flower Viewing Party
- MAY** Golden Week, Matsuo Seminar Lecture
- JUN** Midterm Exams, Hokuriku Shinkansen Summit, Art Appreciation Day
- JUL** School Festival, Homeroom Choral Contest, Open Campus Events
- AUG** Term Exams, Summer Elective Courses, University Visits
- SEP** Homeroom Sports Tournament, Fieldwork Trips, Student Council Elections

### SECOND SEMESTER

- OCT** Study Retreat (Y1), Midterm Exams (Y3)
- NOV** Midterm Exams (Y1-2), School Trip (Y2)
- DEC** Final Exams (Y3), Winter Holidays
- JAN** Comprehensive Exams (Y1-2), University Entrance Exams (Y3), Elective Courses (Y3)
- FEB** Research Showcase Forum, Final Exams (Y1-2)
- MAR** Graduation Ceremony, International Study Tours (Y1-2), Senior High School Entrance Examination, Spring Elective Courses, Closing Ceremony



## Studying with a Global Mindset

Looking beyond Japan's borders, Ueda SHS provides a wide variety of activities to promote students' awareness of global issues and help them develop essential skills for interacting with others on an international level. Students participate in special fieldwork events conducted within and outside of the prefecture and build relationships with students from other countries through school exchange visits. Additionally, students may join school-sponsored study tours to countries like the Philippines, Taiwan, and the US, taking advantage of our school's global learning network.



## Making Lifelong Friendships

Our school hosts a large variety of student-led club activities each year. Most students join at least one club within a month of joining our school and dedicate a large amount of their free time to it. Club members often become a secondary family for students as they pursue their academic and athletic interests together.



## STUDENTS AT A GLANCE



There are almost **1000** students enrolled each year, divided into three year levels



Students are typically **15-18** years old, and 99% graduate within three years



There is a **1:1** gender ratio in 98% of graduating homeroom classes



Students are in the **95th** percentile of academic achievers in Nagano Prefecture

## CURRICULUM OUTLINE

### YEAR 1

General Studies

### YEAR 2

Humanities Track

Sciences Track

### YEAR 3

Humanities Track

Sciences Track

Language Specialty

Mathematics Specialty

### GRADUATION

### STUDY TOURS

All rising second and third year students may apply to participate in a study tour to the Philippines or the US during the spring vacation between academic years. All second year students are expected to participate in international exchanges and fieldwork projects in Taiwan on their school trip.

## CLUB ACTIVITIES

### Cultural and Academic

Astronomy · Brass Band · Broadcasting Chamber Music · Chemistry · Chorus Comics and Anime · Competitive Karuta Dance · Drama · English · Fashion Design Fine Arts · Food Science · Gardening International Issues · Japanese Calligraphy Literature · Local Heritage · Math Modern Music · Newspaper · Photography Quiz Bowl · Japanese Chess (Shogi) Tea Ceremony · Volunteer

### Athletic and Martial Arts

Archery · Badminton · Baseball · Basketball Golf · Handball · Japanese Archery (Kyudo) Judo · Karate · Kendo · Mountain Climbing Soccer · Swimming · Table Tennis · Tennis Track and Field · Volleyball